

Youth In Need Head Start East in St. Louis, MO was recognized as an Intermediate Missouri Eat Smart Child Care center in May 2015. Youth In Need Head Start East is the 143rd child care center in Missouri to be recognized as Missouri Eat Smart. On May 14, 2015, Sarah Young, Nutrition Consultant, Missouri Department of Health and Senior Services Bureau of Community Food and Nutrition Assistance (MDHSS-BCFNA) recognized Elizabeth Cowie, Nutrition Consultant; Steve Markley, Center Cook; and Youth In Need Head Start East for achieving the **intermediate level** of the Missouri Eat Smart Guidelines.